

Sunny Cha



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Record: Special Press (flip: Beyond) available from Choreographers Sugg Speed: 42 RPM
Footwork: Opposite, directions for man (lady as noted) Timing: **123&4** except where noted [Note: Timing indicates weight changes only]
Phase: Cha Cha IV+1 (Single Cuban Break) Released: January, 2003
Sequence: **Intro A B A B Interlude C D C D Ending** Version: 1.3

Meas INTRO

1-4 WAIT;; KNEE, PT, -, KNEE; SD DRAW TCH;

1-2 Wait 2 meas in BFLY M fcg WALL M=s R & W=s L free pointing sd twd RLOD;;

---- 3 **{Knee Pt Knee}** Raise R knee across body, pt R sd, hold, raise R knee across body;

1 --- 4 **{Sd Draw Tch}** Sd R twd RLOD, comm draw L twd R, cont draw L to R, tch L to R;

5-8 SINGLE CUBAN BREAK; SPOT TRN; SINGLE CUBAN BREAK; SPOT TRN;

1&23&4 5 **{Single Cuban Break}** XLIF/rec R, sd L, XRIF/rec L, sd R;

6 **{Spot Trn}** Releasing hnds XLIF, trng RF on L rec R to fc WALL (W fc COH), chasse L/R, L assuming BFLY M fcg WALL;

1&23&4 7 **{Single Cuban Break}** XRIF/rec L, sd R, XLIF/rec R, sd L;

8 **{Spot Trn}** Releasing hnds XRIF, trng LF on R rec L to fc WALL (W fc COH), chasse R/L, R assuming BFLY M fcg WALL;

PART A

1-4 BASIC;; NEW YORKER to BFLY; KICK to the A4";

1-2 **{Basic}** BFLY M fcg WALL fwd L, rec R, chasse L/R, L; Bk R, rec L, chasse R/L, R releasing trailing hnds;

3 **{New Yorker to BFLY}** Swiveling RF on R fwd L twd RLOD, rec R, swiveling LF on R to fc WALL
chasse L/R, L joining trailing hnds to BFLY M fcg WALL;

-- 3&4 4 **{Kick to the A4"}** Swiveling LF on L kick R thru twd LOD, swivel RF on L to fc WALL bending R knee to form a figure A4", chasse R/L, R releasing trailing hnds;

5-8 NEW YORKER to BFLY; X TWICE & X CHASSE; X CHECK & BK BREAK; ROLL 2 SD CL;

5 **{New Yorker to BFLY}** LOP Fcg Pos M fcg WALL repeat Meas 3 of Part-A end BFLY M fcg WALL;

6 **{X Twice & X Chasse}** Swiveling LF on L XRIF, swiveling RF on R XLIF, swiveling LF on L XRIF/sd L, XRIF;

12-&3 7 **{X Check & Bk Break}** Swiveling RF on R XLIF, swiveling LF on L XRIF bending knee w/ checking motion looking LOD, hold/rec L, fwd R;

1234 8 **{Roll 2 Sd Cl}** Releasing both hnds fwd L twd LOD comm rolling LF, sd R twd LOD cont rolling LF, sd L cont rolling LF to fc WALL, cl R assuming CP M fcg WALL;

PART B

1-4 CROSS BODY to R-HND SHAKE;; SHADOW NEW YORKER; CROSS BODY;

1-2 **{Cross Body to R-Hndshake}** CP M fcg WALL fwd L, rec R trng LF 1/4 to fc LOD, chasse L/R, L lowering jnd lead hnds (W bk R, rec L, chasse fwd R/L, R) end L-Shaped CP M fcg LOD (W fcg COH); Bk R small step, rec L trng LF 1/4 to fc COH, chasse R/L, R joining R-hnds (W fwd L, fwd R trng LF 1/2 to fc WALL, chasse L/R, L) end OP Fcg Pos M fcg COH R-hnds jnd;

3 **{Shadow New Yorker}** Swiveling RF on R fwd L twd LOD placing L-hnd on W=s L-shoulder blade (W extend L-hnd sd), rec R, swiveling LF on R to fc COH chasse L/R, L;

4 **{Cross Body}** Bk R small step comm trng LF, rec L cont trng LF to fc WALL, chasse R/L, R (W fwd L M=s L sd, fwd R trng LF 1/2 to fc COH, chasse L/R, L) end OP Fcg Pos M fcg WALL R-hnds jnd;

5-8 SHADOW NEW YORKER; R-HND UNDERARM TRN to M=S SKATER; WHEEL RF; W ROLL OUT;

5 **{Shadow New Yorker}** OP Fcg Pos M fcg WALL R-hnds jnd swiveling RF on R fwd L twd RLOD placing L-hnd on W=s L-shoulder blade (W extend L-hnd sd), rec R, swiveling LF on R to fc WALL chasse L/R, L;

6 **{R-Hnd Underarm Trn to M=s Skater}** Leading W trn RF under jnd R-hnds bk R, rec L, trng LF 1/4 to fc LOD chasse R/L, R twd WALL IF of W (W fwd L across body comm trng RF under jnd R-hnds, cont trng RF fwd R, cont trng RF chasse fwd L/R, L around M to fc LOD) end M=s SKATER Pos both fcg LOD W on his L sd R-hnds jnd at M=s R hip L-hnds jnd & extended sd;

7 **{Wheel RF}** Bk L comm wheel RF 1/4, bk R cont wheel RF, chasse bk L/R, L end fc WALL (W fwd R comm wheel RF, cont wheel RF fwd L, chasse fwd R/L, R) end M=s SKATER Pos both fcg WALL;

8 **{W Roll Out}** Leading W roll RF w/ jnd L-hnds and release hnds bk R, rec L, chasse R/L, R joining both hnds (W fwd L, fwd R comm trng RF 1-1/2, cont trng RF step almost in pl L/R completing trn to fc M, bk L) end BFLY M fcg WALL;

INTERLUDE

1-4 KNEE, PT, -, KNEE; SD DRAW TCH; KNEE, PT, -, KNEE; SD DRAW TCH;

---- 1 **{Knee Pt Knee}** BFLY M fcg WALL raise L knee across body, pt L sd, hold, raise L knee across body;

- 1 - - - 2 {**Sd Draw Tch**} Sd L twd LOD, comm draw R twd L, cont draw R to L, tch R to L;
 - - - 3 {**Knee Pt Knee**} Raise R knee across body, pt R sd, hold, raise R knee across body;
 1 - - - 4 {**Sd Draw Tch**} Sd R twd RLOD, comm draw L twd R, cont draw L to R, tch L to R;

PART C**1-4 BASIC;; REV UNDERARM TRN; TRAILING HNDS UNDERARM TRN to WRAP;**

- 1-2 {**Basic**} BFLY M fcg WALL repeat Meas 1-2 of Part-A;;
 3 {**Rev Underarm Trn**} Raising jnd lead hnds to lead W trn LF XLIF, rec R, chasse L/R, L (W XRIF, trng LF on R under jnd lead hnds rec L to fc COH, chasse R/L, R) end BFLY M fcg WALL;
 4 {**Trailing Hnds Underarm Trn to WRAP**} Raising jnd trailing hnds to lead W trn RF XRIB, rec L, chasse R/L, R trng LF 1/4 to fc LOD (W XLIF, trng RF on L under jnd trailing hnds rec R to fc COH, chasse L/R, L cont trng RF under jnd trailing hnds to fcg LOD) end Modified WRAPPED Pos both fcg LOD lead hnds jnd IF of body trailing hnds on W=s R-shoulder;

5-8 BK BREAK; AIDA; SWITCH to CUBAN BREAK; SPOT TRN;

- 5 {**Bk Break**} Modified WRAPPED Pos both fcg LOD bk L, rec R, chasse fwd L/R, L;
 6 {**Aida**} Fwd R comm trng RF (W LF) releasing trailing hnds, cont trng RF to fc WALL sd L, cont trng RF chasse bk R/L, R end AIDA Pos both fcg RLOD;
 7 {**Switch to Cuban Break**} Swiveling LF on R to fc WALL sd L, rec R, XLIF/rec R, sd L;
 8 {**Spot Trn**} Releasing hnds XRIF, trng LF on R rec L to fc WALL (W fc COH), chasse R/L, R assuming CP M fcg WALL;

PART D**1-4 CROSS BODY into 3 FWD CHAS;;; M=S UNDERARM TRN to TANDEM;**

- 123&4 1-3 {**Cross Body into 3 Fwd Chas**} CP M fcg WALL fwd L, rec R trng LF 1/4 to fc LOD, chasse L/R, L twd COH lowering jnd lead hnds (W bk R, rec L, chasse fwd R/L, R) end L-Shaped CP M fcg LOD (W fcg COH); Bk R small step, rec L, joining R-hnds chasse fwd R/L, R w/ R-shoulder lead (W fwd L trng LF 1/4 to fc RLOD, bk R, joining Rbhnds chasse bwd L/R, L w/ L-shoulder lead) end OP Fcg Pos M fcg LOD R-hnds jnd; Trng RF on R to join L-hnds chasse fwd L/R, L w/ L-shoulder lead, trng LF on L to join R-hnds chasse fwd R/L, R (W trng RF on L to join L-hnds chasse bwd R/L, R w/ R-shoulder lead, trng LF on R to join R-hnds chasse bwd L/R, L w/ L-shoulder lead) end OP Fcg Pos M fcg LOD R-hnds jnd;
 4 {**M=s Underarm Trn to Tandem**} Raising jnd R-hnds fwd L trng RF 1/2 under jnd R-hnds to fc RLOD, rec R lowering jnd R-hnds, chasse fwd L/R, L (W bk R, rec L, chasse fwd R/L, R) end TANDEM Pos both fcg RLOD R-hnds jnd;

5-8 CROSS BODY into 3 FWD CHAS;; ALEMANA to FC WALL;;

- 123&4 5-6 {**Cross Body into 3 Fwd Chas**} Bk R leading W pass by M=s R-sd, rec L, chasse fwd R/L, R w/ R-shoulder lead (W fwd L passing M=s R-sd, fwd R trng LF 1/2 to fc M, chasse bwd L/R, L w/ L-shoulder lead); Trng RF on R to join L-hnds chasse fwd L/R, L w/ L-shoulder lead, trng LF on L to join R-hnds chasse fwd R/L, R w/ R-shoulder lead (W trng RF on L to join L-hnds chasse bwd R/L, R w/ R-shoulder lead, trng LF on R to join R-hnds chasse bwd L/R, L w/ L-shoulder lead) end OP Fcg Pos M fcg RLOD R-hnds jnd;
 7-8 {**Alemanana to Fc Wall**} Fwd L, rec R, chasse L/R, L almost in pl raising jnd R-hnds (W bk R, rec L, chasse fwd R/L, R small steps comm swiveling RF); Bk R leading W trn RF under jnd R-hnds, rec L trng LF 1/4 to fc WALL, chasse R/L, R twd RLOD assuming BFLY (W cont swiveling RF fwd L under jnd R-hnds, cont trng RF trn fwd R to fc M, chasse L/R, L twd RLOD) end BFLY Pos M fcg WALL;

ENDING**1-5+ CHASE to TANDEM;; PEEK-A-BOO M TRANS to SHADOW;; RUN & PRESS to SHOULDER SHAKE;;**

- 1-2 {**Chase to Tandem**} BFLY M fcg WALL releasing both hnds fwd L comm trng RF 1/2, cont trng RF rec R to fc COH, chasse fwd L/R, L (W bk R, rec L, chasse fwd R/L, R twd COH) end TANDEM Pos both fcg COH M IF of W; Fwd R comm trng LF 1/2, cont trng LF rec L to fc WALL, chasse fwd R/L, R (W fwd L comm trng RF 1/2, cont trng RF rec R to fc WALL, chasse fwd L/R, L) end TANDEM Pos both fcg WALL M bhnd W M=s both hnds at W=s waist;
 123&4 3-4 {**Peek-a-Boo M Trans to Shadow**} Sd L looking W over her L-shoulder, rec R, chasse in pl L/R, L (W sd R looking M over L-shoulder, rec L, chasse in pl R/L, R); Sd R looking W over her R-shoulder, rec L, cl R, sd L (W sd L looking M over R-shoulder, rec R, chasse in pl L/R, L) end SHADOW Pos both fcg WALL W IF of M & slightly to his R sd both hnds on waist; (now same footwork)
 1&2 - -/-; 5+ {**Run & Press to Shoulder Shake**} Chasse fwd R/L, R, press L fwd on toe half weight bending knee, shimmy shoulders to L/R; L & hold,