

Flying Dreams



Choreographers: Chris & Terri Cantrell, 960 Garnet St., Broomfield, CO 80020; Tel: 303-469-9140, dance@ctkr.com

Rhythm & Phase: Waltz, Phase VI

RAL Difficulty Level: Average

Music: "Flying Dreams" Joseph Whitehead – The Best of Ballroom Music, Part 10, Vol 22 (Casa Musica), track #3, edited^{*(see below)} or contact choreographer

Speed: as on CD or slow for comfort

Footwork: Directions for M, W normal opposite, exceptions in ()

Timing unless noted: 1 2 3

Sequence: Introduction A B C A B C End

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[[Syncopated Timing Option]]

Introduction

[1-4] Wait 1 Measure ; Syncopated Vine 4 ; PU DLW M Transition ; Fwd / Lk Fwd 2 ;

- [1] **{Wait 1 Measure}** Wait shadow-DLW with L feet free;
- 1&23 [2] **{Syncopated Vine 4}** Sd L/ XRIB of L, sd L, XRIF of L (W Sd L/ XRIB of L, sd L, XRIF of L);
- 23 (123) [3] **{Pickup DLW Man Transition}** Hold while folding W IF, sd L, cls R to L (W Fwd L folding LF IF of M to CP, sd R, cls L to R) CP-DLW;
- 1&23 [4] **{Forward Lock Forward 2}** Fwd L/ lock RIB of L, fwd L, fwd R outside prtnr twd DLW BJO-DLW;

Part A

[1-4] Rumba Cross Pivot ; Chkd Natl Slip ; Dbl Rev Spin ; Sd Draw Close ;

- [1] **{Rumba Cross Pivot}** Fwd L comm RF trn, XRIB of L (W XLIF of R) cont RF trn, sd & bk L pivot RF CP-DLC; [[A syncopated alternative to Part A – Measures 1 – 7 is listed at the end of the cuesheet]]
- [2] **{Checked Natural Slip}** Fwd R trn RF, sd L chkg rotation wgt on both ft (W Bk L trn RF, cls R to L on toes), rec R trn LF (W fwd L slipping LF) CP-DLC;
- 12- (12&3) [3] **{Double Reverse Spin}** Fwd L comm LF trn, sd R cont trn, tch L to R & hold cont trn (W bk R, cls R to L heel trn/ strong sd R cont trn, fold L IF of R) CP-DLW;
- 1 - 3 [4] **{Side Draw Close}** Sd L, draw R to L, cls R to L CP-DLW;

[5-8] Twist Vine 3 ; Open Natl Undertrnd; Outside Chg SCP ; Oversway ;

- [5] **{Twist Vine 3}** Sd L to DLC, XRIB of L (W XLIF of R), sd L BJO-DLC;
- [6] **{Open Natural Underturned}** Fwd R comm RF trn, sd L cont trn, bk R BJO-DRW;
- [7] **{Outside Change SCP}** Bk L, bk R trn LF, sd L SCP-DLC;
- [8] **{Change to Oversway}** Without wgt chg gradually stretch lft sd (W rt sd) to Oversway;

[9-12] Chasse to Whisk ; Syncopated Whisk ; Q Weave 4 ; Bk to Left Whisk ;

- 1&23 [9] **{Chasse to Whisk}** Sd R/ cls L to R, sd R, XLIB of R on toes SCP-DLC;
- 1&23 [10] **{Syncopated Whisk}** Thru R trn RF to fac prtnr/ cls L to R, sd R, XLIB of R on toes SCP-DLC;
- 1&23 [11] **{Quick Weave 4}** Fwd R / fwd L trn LF, sd R, bk L BJO-RL0D;
- [12] **{Back to Left Whisk}** Bk R trn LF, sd L twd LOD, XRIB of L loosely knees soft and together cont to rotate body LF (W Fwd R trn LF, sd R, bk L crossing well behind R twd LOD & flick R in front & over lft knee) ;

[13-16] Syncopated Unwind BJO ; Outside Spin to Side Hvr SCP ; ; Feather ;

- (1&23) [13] **{Syncopated Unwind BJO}** Gradually transfer wgt to R while twisting RF (W Fwd R/ fwd L, fwd R, fwd L circle CW) BJO-DLC;
- [14] **{Outside Spin}** Bk L very sml stp comm trn RF, fwd R OS prtnr cont RF trn, sd & bk L (W Fwd R OS prtnr comm RF trn, cls L to R cont trn RF, sd & fwd R) CP-DLC;
- 1-3 [15] **{Side Hover to SCP-DLC}** Cont RF trn sd R twd DRW, hvr on R, fwd L SCP-DLC;
- [16] **{Feather}** Fwd R, fold W IF fwd L, fwd R (W fwd L fold LF, sd & bk R, bk L) BJO-DLC;

Part B

[1-4] Reverse Trn 1/2 ; Bk to Top Spin ; Box Finish CP-DRW ; Contra Check Rec Bk ;

- [1] **{Reverse Turn Half}** Fwd L trn LF, sd R, cls L to R CP-RL0D;
- 1&23 [2] **{Back to Top Spin}** Bk R trn strongly LF/ sd L cont trn, fwd R BJO-LOD spin LF, XLIB of R BJO-COH;
- [3] **{Box Finish CP-DRW}** Cont LF trn bk R twd DLW, sd L cont trn, cls R to L CP-DRW;
- [4] **{Contra Check, Recover & Back}** Cont LF body rotation fwd L chkg, rec R comm RF body rotation, bk L;

*Music Edited: The first 8 measures of the ending section have been removed. It begins on the vocals "Every part, from the heart..." and ends with "bring you home to me". The 4 measure End part of the routine (after the deleted section) is instrumental.

[5-8] Left Turning Lock ; Natl Telemark ; Op Telemark ; Chair & Slip ;

- 1&23 [5] **{Left Turning Lock}** Bk R w rt sd lead/ XLIF of R (W XRIB), bk R comm LF trn, sd & fwd L BJO-DLW;
 [6] **{Natural Telemark}** Fwd R trn RF, sd L con trn, sd R (W bk L trn RF, cls R to L heel trn, sd L) CP-DLC;
 [[1&2- {Sync Nat Telemark & Hold} Fwd R trn RF/ sd L con trn, sd R (W bk L trn RF/ cls R to L heel trn, sd L), hold CP-DLC;]]
 [7] **{Open Telemark}** Fwd L trn LF, sd R cont trn, fwd L (W bk R trn LF, cls L to R heel turn, fwd R) SCP- DLW;
 [8] **{Chair & Slip}** Fwd R chkg, extend line, rec L, bk R trn LF (W fwd slip L) CP-DLC;
 [[1-3& {Chair, Hold, Quick Recover & Slip} Fwd R chkg, extend line, rec L, bk R trn LF (W fwd slip L) CP-DLW;]]

[9-12] Op Reverse Turn ; Back Trn LF Sd Draw ; Op Natl Turn ; Hesitation Change ;

- [9] **{Open Reverse Turn}** Fwd L trn LF, sd R, bk L BJO-RL0D;
 12- [10] **{Back Turn LF Side Draw}** Bk R trn LF, sd L twd DLC, draw R to L no wgt BJO-DLW;
 [11] **{Open Natural Turn}** Fwd R trn RF, sd L cont trn, bk R BJO-RL0D;
 12- [12] **{Hesitation Change}** Bk L trn LF, sd R twd DLW, draw L to R no wgt CP-DLC

Part C[1-4] Fwd / Lk to Weave to SCP ; ; Thru Hvr Rec SCP ; Bk to Slow Whisk ;

- 1&23 [1-2] **{Forward Lock to Weave}** Fwd L/ XRIB of L, fwd L trn LF, sd R BJO-RL0D; Bk L, bk R trn LF, fwd L SCP-DLW;
 123
 [3] **{Thru Hover Recover to SCP}** Thru R, fwd L rise to toes, rec R SCP-DLW;
 1- [4] **{Slow Whisk}** Bk L well under body, gradually chg sway twd DRC & look to rt (W look to lft);

[5-8] Open Natl ; Bk Bk / Lk Bk ; Outside Chg to ; Hinge ;

- 123 [5] **{Open Natural}** Correct sway to neutral fwd R trn LF, sd L cont trn, bk R BJO-DRC;
 1&23 [6] **{Back Back Lock Back}** Bk L, bk R/ XLIF of R, bk R BJO-DRC;
 -23 [7] **{Outside Change}** Bk L, bk R trn LF, sd L CP-DRW
 - (1-) [8] **{Hinge}** Cont LF body trn (W trn LF bk L under body) to hinge line;

[9-12] Syncopated Pivot SCP-DLW; Chasse SCP Thru ; Vine 3 ;(1) Maneuver Pivot 2 ;(2) Thru Sd Cls Transition Shadow-DLW ;

- &23- [9] **{Syncopated Pivot SCP-DLW}** Rotate body RF (W Rec fwd R trn RF)/ fwd R pivot RF, bk L cont RF trn, sd R soft knees SCP-DLW;
 (1&23)
 1&23 [10] **{Chasse SCP Thru}** Sd L/ cls R to L, sd L, thru R SCP-DLW
 1&23 [11] **{Vine 3}** Sd L, XRIB of L (W XLIB of R), sd L SCP-DLW;
 [12] **{1st time}** **{Maneuver Pivot 2}** Fwd R trn RF, bk & sd L pivot RF, fwd R CP-DLW
 (2nd time) **{Thru Side Close Transition Shadow-DLW}** Thru R trn RF, sd L, cls R to L (W Thru L trn LF/ sd R cont trn, sd L, cls R to L) Shadow-DLW;
 (2nd) 123
 (1&23)

Repeat Part A**Repeat Part B****Repeat Part C****End**[1-4] Sd / Cls Sd XIF ; Syncopated Vine 4 ; Hold W PU, LF Pivot 2 ; Throwaway Oversway .

- 1&23 [1] **{Side Close Side Thru}** Sd L/ cls R to L, sd L, XRIF of L;
 1&23 [2] **{Syncopated Vine 4}** Repeat Introduction - Measure 2;
 -23 [3] **{Hold W Pickup, LF Pivot 2}** Hold trn body LF fold W IF, fwd L pivot LF, bk & sd R cont LF trn;
 1- [4] **{Throwaway Oversway}** Sd L rotate upper body (W fwd R trn LF & pt L bk twd DLW) to throwaway ovrsway M fac DLW.

-- Alternative Part A with Syncopation --

[1-4] Rumba Cross Pivot Hold ; Chkd Natl Hold ; Slip / Q Dbl Rev Spin ; Sd Draw Close ;

- 1&2- [1] **{Rumba Cross Pivot & Hold}** Fwd L comm RF trn/ XRIB of L (W XLIF of R) cont RF trn, sd & bk L pivot RF/ hold CP-DLC;
- 12- [2] **{Checked Natural & Hold}** Fwd R trn RF, sd L chkg rotation wgt on both ft (W Bk L trn RF, cls R to L on toes), hold CP-DLW;
- 1&2- (1&2&3) [3] **{Slip / Quick Double Reverse Spin}** Rec R trn LF/ fwd L comm LF trn, sd R cont trn, tch L to R & hold cont trn (W fwd L slipping to CP/ bk R, cls R to L heel trn/ strong sd R cont trn, fold L IF of R) CP-DLW;
- 1 - 3 [4] **{Side Draw Close}** Sd L, draw R to L, cls R to L CP-DLW;

[5-8] Syncopated Twist Vine 3 Hold ; Running Open Natl ; Hold Bk Trn Sd ; Oversway ;

- 1&2- [5] **{Syncopated Twist Vine 3}** Sd L to DLC/ XRIB of L (W XLIF of R), sd L, hold BJO-DLC;
- 1&23 [6] **{Running Open Natural}** Fwd R comm RF trn/ sd L cont trn, bk R, bk L BJO-DRW;
- 23 [7] **{Hold, Back Turn LF & Side}** Hold, bk R trn LF, sd L SCP-DLC;
- [8] **{Change to Oversway}** Without wgt chg gradually stretch lft sd (W rt sd) to Oversway;