

Almost Like Being In Love



Choreographers: Chris & Terri Cantrell, 960 Garnet St., Broomfield, CO 80020; 303-469-9140, dance@clkr.com
Rhythm & Phase: Quickstep, Phase IV+1 (double reverse) **RAL Difficulty Level:** Average
Music: "Almost Like Being In Love" Nat King Cole, "The Unforgettable Nat King Cole", Trk #21, and other CDs, download* or contact choreographer
Speed: Decrease by 5% or more for comfort*
Footwork: Directions for M, W normal opposite, exceptions in parentheses
Sequence: **Introduction A B A B(1-15) End**

Introduction

- [1-4] Wait 4 Measures ; ; ; ;
- [1-4] **{Wait}** Wait 4 measures in CP-DLW trail feet free;;;;
[5-8] Open Natural Turn ; Open Impetus to LOD ; , Chasse to BJO ; ;
SQQ [5] **{Open Natural Turn}** Fwd R comm trn RF,, fwd & sd L cont trn RF, bk & sd R BJO-DRC;
SS [6] **{Open Impetus to LOD}** Bk L comm trn RF,, cls R to L heel trn cont trn RF (W Fwd R comm trn RF, sd L cont trn & brush R to L);
S [7] Fwd L SCP-LOD (W Fwd R),,
S **{Chasse to BJO}** Fwd R;;
QQS [8] Sd L, cls R to L, sd L BJO-DLW,;

Part A

- [1-4] Quarter Turns to Right and Left ; ; , Double Reverse Spin ; ;
SQQ [1] **{Quarter Turns to Right and Left}** Fwd R comm trn RF,, sd L, cls R to L (W Bk L comm trn RF,, sd R, cls L to R);
SS [2] Sd L CP-DRW,, bk R comm trn LF (W Sd R,, fwd L comm trn LF);
-(QQ) [3] Bring L to R no wgt trn LF on R heel (W Sd R cont trn LF, cls L to R) CP-LOD,
S **{Double Reverse Spin}** Fwd L comm trn LF (W Bk R comm trn LF);
S-(SQQ) [4] Fwd & sd R cont trn LF tch L to R (W Cls L to R cont trn/ strong sd & fwd R cont trn, XLIF of R) CP-DLW;
[5-8] Cross Swivel BJO Chk ; , Fishtail 5 ; ; Open Natural Turn ;
S- [5] **{Cross Swivel to BJO & Check}** Fwd L comm trn LF,, point R sd,;
S [6] Fwd R check BJO-DLC,,
QQ **{Fishtail 5}** XLIB of R (W XRIF of L), sd R trn sltly RF;
QQS [7] Fwd L, XRIB of L (W XLIF of R), fwd L BJO-LOD,;
SQQ [8] **{Open Natural Turn}** Repeat Introduction – Measure 5 to BJO-DRC;
[9-11] Outside Swivel , Wing (SQQ) ; , Closed Telemark ; ;
S [9] **{Outside Swivel}** Bk L (W Fwd R swvl SCP) SCP-DRC,
S **{Wing SQQ}** Fwd R (W Fwd L),;
-(QQ) [10] Touch L to R (W Fwd R, fwd L curv LF) SCAR-DRC,,
S **{Closed Telemark}** Fwd L comm trn LF (W Bk R comm trn LF),;
SS [11] Fwd & sd R cont trn LF,, fwd & sd L (W Cls L to R heel trn,, bk & sd R) BJO-LOD,;
[12-16] Fwd Lock Step ; , 1/2 Natural Turn ; , Spin Turn ; ; Heel Pivot ;
SQQ [12] **{Forward Lock Step}** Fwd R,, fwd L, XRIB of L;
S [13] Fwd L,, [Note: Forward Lock Step aka: Fwd Fwd Lock Fwd]
S **{Half Natural Turn}** Fwd R comm trn RF,;
QQ [14] Sd L cont trn RF, cls R to L CP-RLOD,
S **{Spin Turn}** Bk L comm trn RF (W Fwd R comm trn RF),;
SS [15] Fwd R cont trn RF to CP-DLW,, bk L (W Sd L cont trn & brush R to L,, fwd R) CP-DLW,;
S-(SQQ) [16] **{Heel Pivot}** Bk R,, bring L to R no wgt trn LF on R heel (W Fwd L comm trn LF, sd R cont trn LF, cls L to R) CP-DLC;

Download: Music download from RealPlayer (\$0.99/download) <http://www.real.com/>, or Rhapsody (\$9.95/mo + \$.79/download) <http://www.real.com/realone/rhapsody/>.

Change Speed: *Try "DanceMaster" (<http://clarkandsandy.com/DanceMaster/index.htm>) or "Amazing Slow Downer" (www.ronimusic.com) – both available in limited free or complete for purchase software

Part B

- [1-5] Chasse Reverse Turn ; Quarter Trn to Left ; , Fwd ; Running Fwd Locks ; ;
- SQQ [1] **{Chasse Reverse Turn}** Fwd L comm trn LF,, fwd & sd R cont trn LF, cls L to R CP-RL0D;
- S- [2] **{Quarter Turn to Left}** Bk R comm trn LF,, bring L to R no wgt trn LF on R heel (W Fwd L comm LF trn,,
- (SQQ) sd R cont trn, cls L to R) CP-DLW,;
- S [3] Sd & fwd L (W Sd & bk R) BJO-DLW,,
- S **{Forward}** Fwd R,;
- QQQQ [4] **{Running Forward Locks}** Lft shoulder lead fwd L, XRIB of L (W XLIF of R), fwd L, fwd R;
- QOS [5] Fwd L, XRIB of L (W XLIF of R), fwd L BJO-DLW,;
- [6-8] Open Natural Turn ; Hesitation Change ; Drag Hesitation ;
- SQQ [6] **{Open Natural Turn}** Repeat Introduction – Measure 5 to BJO-DRC;
- SS [7] **{Hesitation Change}** Bk L trn RF,, sd R draw L to R CP-DLC;
- SS [8] **{Drag Hesitation}** Fwd L comm slight trn LF,, fwd R cont trn LF, draw L to R BJO-DRC;
- [9-12] 3 In & Out Runs ; ; ; Walk 2 BJO-DLW ;
- SQQ [9] **{3 In and Out Runs}** Bk L comm trn RF,, sd R cont trn RF, fwd L (W Fwd R comm trn RF,, sd & bk L cont trn RF, fwd R) SCP-LOD;
- SQQ [10] Fwd R comm trn RF,, sd & bk L cont trn RF, bk R (W Fwd L, fwd R, fwd L) BJO-RL0D;
- SQQ [11] Bk L comm trn RF,, sd R cont trn RF, fwd L (W Fwd R comm trn RF,, sd & bk L cont trn RF, fwd R)SCP-LOD;
- SS [12] **{Walk 2 to BJO-DLW}** Fwd R,, fwd L (W Fwd L comm trn LF,, bk & sd R) BJO-DLW,;
- [13-17] Step Skip Twice ; Open Natural Turn ; Bk Step Skip Twice ; 2 In and Out Runs ; ;
- QQQQ [13] **{Step Skip Twice}** Fwd R, small hop fwd on R, fwd L, small hop fwd on L BJO-DLW;
- SQQ [14] **{Open Natural Turn}** Repeat Introduction – Measure 5 to BJO-DRC;
- QQQQ [15] **{Back Step Skip Twice}** Bk L, small hop bk on L, bk R, small hop bk on R BJO-DRC;
- SQQ [16-17] **{2 In and Out Runs}** Repeat Part B – Measures 9 & 10 BJO-RL0D,;
- [18-20] Open Impetus to LOD ; , Chasse to BJO ; ;
- [18-20] **{Open Impetus to LOD,;, Chasse to BJO}** Repeat Introduction – Measures 6 to 8,;

Repeat Part A

Repeat Part B (1-15)

End

- [1-3] 3 In and Out Runs ; ; ;
- [1-3] **{3 In and Out Runs}** Repeat Part B – Measures 9-11,;
- [4-8] Chasse to BJO ; , 1/2 Natural Turn ; , Spin Turn ; ; Back to Left Whisk .
- SQQ [4] **{Chasse to BJO}** Fwd R,, sd L, cls R to L,;
- S [5] Sd L BJO-DLW,,
- S **{Half Natural Turn}** Fwd R comm trn RF,;
- QQ [6] Sd L cont trn RF, cls R to L CP-RL0D,
- S **{Spin Turn}** Bk L comm trn RF (W Fwd R comm trn RF),;
- SS [7] Fwd R cont trn RF to CP-DLW,, bk L (W Sd L cont trn & brush R to L,, fwd R) CP-DLW,;
- QOS [8] **{Back to Left Whisk }** Bk R comm trn LF, fwd & sd L, trn sltly LF XRIB of L to flat left whisk (W Fwd L comm trn LF, fwd & sd R cont trn LF, bk L with rt toe pointed fwd & then on last half beat flick rt leg up across & in front of lft knee) upper bodies CP-DRC.