

ALL MY LOVE

Composers: Brent & Judy Moore,

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Music: Stan Slotter, "My All", Download casa-musica.de 03:28 @24.5 MPM

Footwork: Opposite, directions for man (lady as noted); timing QQS unless noted

Phase & Rhythm: Phase VI Rumba

Difficulty level: moderately difficult VI

Sequence: **Intro, A, A (1-12), B, C, Bmod, End** ver 1.2 2011



INTRODUCTION

1-4 **WAIT PICKUP NOTES - FENCE LINE & CURL; BACK WALK 3 lady SPIRAL; WRAP face line; BACK BREAK FACE POINT;**

[WAIT PICKUP NOTES] Opn fcng face Wall trail feet free -

1 [Fence & Curl SS] Thru R LOD sftn knee body erect extend arms bfly,-, slght rise trn lady RF undr lead hnds 7/8 to hammerlock lead hnds hi no wght chnge fc WALL,- (thru L soften knee bfly, -, slght rise trn RF on L 7/8 to fc man leave rght leg extnd RLOD trail hnd low bhnd bk lead hnd over head,-);

2 [Bk Walk 3 lady Spiral] bk L, bk R, bk L lead lady to sprial LF under lead hnds in bjo fc LOD, - (fwd R, fwd L, fwd R LF sprial undr lead hnds to bjo fc RLOD,-);

3 [Wrap] Bk R keep lead hnds up, bk L trn lady LF undr hnds, lwr hnds bk R fc LOD wrap pos,- (fwd L, fwd R trn 1/2 LF, bk L wrap pos fc LOD,-);

4 [Bk Brk Fc Pnt] Bk L release tr l hnds, rec R swvl RF (LF), pnt L to LOD LOP fc Wall,- ;

PART A

1- 8 **OPEN HIP TWIST; FAN; THREE ALEMANAS to ROPE SPIN to SHADOW :::::**

1 [Open Hip Twist] Fwd L, rec R, cl L press hnd slght fwd,-(bk R, rec L, fwd R trn RF to LOD,-);

2 [Fan] Bk R, rec L body trn LF, sd & fwd R fc DLW fan pos,- (fwd L, fwd R trn LF to fc RLOD, bk & sd L body at angle to man,-);

3-8 [3 Alemanas to Ropespin] Fwd L, rec R raise lead hnds, cl L,-; bk R, sml sd L, lwr lead hnds cl R trn lady RF,-; sd L lead lady trn LF, rec R lead lady under hnds to spin LF, cl L,-; bk R, rec L, cl R fc Wall spiral lady RF undr lead hnds,-; press sd L hnds ovr head lead lady arnd CW, rec R, LXIFR,-; press sd R lead lady arnd CW, rec L, XRIFL trn lady to shdw jn lft hnds fc Wall,- ; (bk R, rec L, fwd R toe out start RF trn,-; fwd L brush rght ft trn RF, fwd R trn RF brush by L, trn RF fwd L spiral RF fc DLW bk to man,-; fwd R trn 3/8 LF, fwd L RLOD trn 1/2 LF undr lead hnds to LOD, fwd R,-; fwd L brush rght ft trn RF, fwd R trn RF brush lft ft, trn RF sd & fwd L spiral RF,-; fwd circle wlk arnd man CW R,L,R,-; L,R, fwd & sd L trn RF to shdw jn lft hnds fc Wall,-);

9- 16 **ADVANCED SLIDING DOOR with lady's HEAD LOOP;; ADVANCED SLIDING DOOR lady SPIRAL; HOCKEY STICK ENDING face wall; HALF BASIC CURL; man BACK into AIDA; HIP ROCK & SWIVEL to FACE; SPOT TURN;**

9-10 [Adv Slidng Door Head Loop] Fwd L body trn RF, rec R body trn LF, XLIBR tandm pos WALL,-; trn lady RF undr lft hnds body trn RF lunge sd R, rec L trn LF, XRIFL sml stp brng lady fwd & trn her to shdw,-;(trn RF sd & bk R extnd rght arm out, rec L trn LF, XRIFL fc WALL,-; shrp trn RF undr left hnds bk on L in sit line, rec fwd R, fwd L spiral RF to shdw fc WALL,-);

11 [Adv Slidng Door & Spiral] Fwd L body trn RF, rec R body trn LF, cl R slght body trn LF lead lady to sprial LF undr lft hnds fc DRW,- (trn RF sd & bk R extnd rght arm out, rec L trn LF, XRIFL spiral LF fc WALL,-);

12 [End of Hockey Stick] Bk R, fwd L sml stp trn lady LF, fwd R to opn fcng fc Wall,- (fwd L, fwd R trn LF, bk L to opn fcng fc COH,-);

13 [Curl] Fwd L, rec R, cl L raise lead hnds trn lady undr LF tndm Wall,- (bk R, rec L, fwd R trn LF undr lead hnds to fc Wall,-);

- 14 [Aida] Trn RF bk R, bk L, bk & sd R "V" pos fc RLOD trail hnds up & out (fwd L LOD body trn LF, fwd R trn LF, bk & sd L trail hnds up & out,-);
- 15 [Hip Rk & Swivel] Rock fwd L roll hip fwd lght sweep arm fwd, rec R roll hip bk sweep arm bk out, fwd L swvl LF (RF) to "V" LOD tch trail hnds,-;
- 16 [Spot Turn] Thru R trn LF (RF) 1/2, rec L trn LF (RF) 1/4, sd L opn fcng fc WALL,-;

PART B

1-8 HALF BASIC & CURL; FAN; START an ALEMANA; FENCE LINE & CURL to DLC; BACK WALK 3 lady SPIRAL; HOCKEY STICK ENDING; lady SIT LINE to CORTE; SYNCOPATED ROCKS to CORTE;

- 1 [Curl] Fwd L, rec R, cl L raise lead hnds trn lady undr LF tndm Wall,- (bk R, rec L, fwd R trn LF undr lead hnds to fc Wall,-);
- 2 [Fan] Bk R, rec L body trn LF, sd & fwd R fc DLW fan pos,- (fwd L LOD, fwd R trn LF to fc RLOD, bk & sd L body at angle to man,-);
- 3 [Strt Alemana] Fwd L, rec R raise lead hnds, cl L to bfly DLW/swvl LF to fc DLC pnt R sd & bk,- (cl R, fwd L, fwd R toe out swvl RF to bfly DLC pnt L sd & bk,-);
- 4 [Fence & Curl SS] Thru R DLC soften knee body erect extend arms bfly,-, slght rise trn lady RF undr lead hnds 7/8 to hammerlock lead hnds hi no wght chnge fc DLW,- (thru L soften knee bfly, -, slght rise trn RF on L 7/8 to fc man leave rght leg extnded DRW trail hnd low bhnd bk lead hnd over head,-);
- 2 [Bk Walk 3 lady Spiral] bk L, bk R, bk L lead lady to spirial LF under lead hnds in fc DLC,- (fwd R, fwd L, fwd R LF spirial undr lead hnds to bjo fc DRW,-);
- 6 [End of Hockey Stick] Trn RF bk R, fwd L sml stp trn lady LF under hnds, fwd R strng stp to close opn fcng fc DRW,- (fwd L, fwd R trn LF, bk L to opn fcng fc DLC,-);
- 7 [Lady Sit to Corte -S (QQS)] Lwer on R extnd lft leg sd & bk good tone press lady bk, strt rise on R bring lady fwd, bk L soft knee slght trn LF to cp fc DLW,- (bk R contra ck action sit line action, rec fwd L strt rise, fwd to cp sft knee,-);
- 8 [Sync Rks to Corte Q&QS] Rec R roll hips CW/rec bk L roll hips CCW, rec fwd R roll hips cw, rec bk L soft knee slght trn LF to cp fc DLW,- (rec L roll hips CCW/rec R roll hips CW, rec L roll hips CCW, rec fwd R sft knee,-);

9-16 RUDOLPH RONDE LARIAT face line; WALK 3; SIDE BREAK lady UNDER in 4; SIDE WALK; TWO CUDDLES;; CUDDLE lady SPIRAL; FACE SIDE CLOSE;

- 9 [Rudolph Ronde Lariat SQQ] Fwd R DRW btwn lady's feet lwer leave L leg extended trn body RF & lead W to ronde CW,-, rec L part wght raise lead hnds lead lady arnd rght sd hnds over M's head, trn LF rec bk R lft opn to LOD (bk L ronde R CW, -, XRIBL strt tight circle vine CW arnd man, trn LF sd & fwd L to lft opn LOD);
- 10 [Walk 3] Fwd L, fwd R, fwd L to LOD lft opn pos,-;
- 11 [Side Brk & Under in 4 QQQQ] Rk sd R, rec sd L mve behnd lady jn & raise lead hnds, XRIFL trn RF fc WALL, cl L fc WALL bfly (rk sd L, rec R strt LF undrarm trn, XLIFR trn LF, bk R to bfly fc COH);
- 12 [Side Walk] Sd R, cl L, sd L blnd cp WALL;
- 13 [Cuddle] Sd L slght body trn RF extnd lft hnd up/out, rec R body trn LF, cl L cuddle pos WALL,- (trn RF sd & bk R extnd rght arm out, rec L trn LF, sd R sml stp to cuddle pos,-);
- 14 [Cuddle] Sd R slght body trn LF extnd rght hnd up/out, rec L body trn RF, cl R cuddle pos WALL,- (trn LF sd & bk L extnd lft arm out, rec R trn RF, sd L sml stp to cuddle pos,-);
- 15 [Cuddle & Spiral] Sd L slght body trn RF extnd lft hnd up/out, rec R body trn LF, sml stp sd L riase lead hds to sprl lady LF fc DLW,- (trn RF sd & bk R extnd rght arm out, rec L trn LF, sd R sprl LF undr lead hnds,-);
- 16 [Thru Sd Cl] Thru R LOD (fwd L trn LF), slght trn RF (LF) sd L, cl R cp fc Wall,-; (2nd time to opn fcng)

PART C

- 1- 12 HALF BASIC & start CONTINUOUS NATURAL TOP DOUBLE SPIRAL EXIT in 4;;; NEW YORKER to center; NATURAL TOP 3 ROPESPIN EXIT;; WALK 3 to line; SPOT TURN; CROSS BODY; NEW YORKER in 4; REVERSE UNDERARM lady SPIRAL; THRU SIDE CLOSE;**
- 1 [1/2 Basic] Fwd L, rec R, trn RF sd & bk L to cp RLOD,-;
- 2-3 [**Cont Nat Top Dble Spiral SQQQQQQ**] Trn RF XRIBL, sd L, trn RF XRIBL,-; sd L raise lead hnds trn lady undr LF, trn RF XRIBL, XLIFR sml stp, sd R fc RLOD; (fwd L trn RF, fwd R trn RF, fwd L,-; fwd R sprl LF undr lead hnds, fwd L, fwd R sprl LF undr lead hnds, sd L fc LOD;)
- 4 [**New Yorker**] Body trn RF (LF) ck thru L COH, rec R trn LF (RF), sd & bk L loose cp fc DRC,-;
- 5-6 [**Nat Top to Ropespin**] Trn RF XRIBL, sd L, trn RF cl R fc Wall lead lady spiral RF,-; sd cucaracha L bdy trn RF, rec R trn LF undr lead hnds, sml fwd L lft opn LOD,-; (trn RF fwd L, trn RF fwd R, trn RF fwd L spiral RF fc COH,-; circle walk R, L, fwd R lft opn lod,-;)
- 7 [**Walk 3**] Fwd R, fwd L, fwd R to LOD lft opn pos,-;
- 8 [**Spot Turn**] Fwd L trn RF (LF) 1/2, rec R trn RF (LF) 1/4, sd & fwd L jn lead hnds fc DRC,-;
- 9 [**Cross Body**] Bk R toe in brng lady fwd, rec L body trn LF, sd & fwd R to opn fcng fc WALL,- (fwd L trn LF, fwd & sd R trn LF, sd L opn fcng,-);
- 10 [**New Yorker in 4 QQQQ**] Body trn RF (LF) ck thru L RLOD, rec R trn LF (RF), sd L, trn RF (LF) rec R fc Wall,-;
- 11 [**Rev Underarm & Spiral**] Ck thru L raise lead hnds trn lady under, rec R, sd & fwd L sprl lady LF under lead hnds fc LOD,- (fwd R trn LF under lead hnds, rec L trn LF, sd & fwd R sprl LF fc DLW,-);
- 12 [**Thru Sd CI**] Thru R LOD (fwd L trn LF), slght trn RF (LF) sd L, cl R opn fcng fc Wall,-;

END

- 1- 8 HIP TWIST to TANDEM man TOUCH; SIDE TO HIP ROCKS 4 SLOWS;; HOLD SHADOW FENCE LINE lady SLOW ARM SWEEP RECOVER & HOLD SHADOW FENCE LINE lady VERY SLOW ARM SWEEP;;;;;**
- 1 [**Hip Twist Trans**] Fwd L, rec R, tch L press hnd slght fwd tandem Wall put hnds on lady's hips,- (bk R, rec L, fwd R spn RF to Wall,-);
- 2-3 [**Hip Rocks SSSS**] Rk sd L roll hip fwd & bk, -, rk sd R roll hip fwd & bk, -, rk sd L roll hip fwd & bk, -, rk sd R roll hip fwd & bk tandem fc WALL,-;
- 4-5 [**Hold Fence Rec Point SSQQ**] hold,-, slght body trn LF ck fwd L soften knee body erect keep sweep lft arms out,-, rec R slght body trn RF, pnt L LOD no wght shape slght brng lft hnds in fc WALL;
- 6-8 [**Hold Fence Arm Sweep SSSSS**] hold,-, slght body trn LF ck fwd L soften knee body erect keep sweep lft arms out,-, lady slowly sweep rght hnd out, then circle up & over CCW & back out,-,-;

Sequence: Intro, A, A(1-12), B, C, B, End