

Welcome to the Learn to Dance Waltz & Rumba class. Please do not hesitate to ask questions in class or by email/phone.

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Dance information & links: <http://www.crda.net>

Dance Shoe Options & Information:

- **Tennis shoes** with large socks or shoe bands over the toe
- **Shoes with leather soles:** a little slick so you may still want to use socks
- **Shoes with a Chrome Suede sole:** Take a comfortable pair of tennis shoes to a cobbler and have the suede sole put on. Makes for a comfortable & inexpensive set of dance shoes.
- **Used dance shoes:** In the coming weeks we hope to have some of these available for a nominal price
- **New dance shoes:** There are a variety of places in the state and via mail order. The bad news is that a good pair of dance shoes can run \$50-\$140, but if you plan to continue dancing they will be an excellent investment for your feet, knees & hips. Start with a ‘practice shoe’ or dance tennis shoes or lower Cuban heel and then build up. Also invest (~\$5-\$10) in a shoe sole brush (wire).



Top Brands: Glide, Supadance, Freed, Coast, Capezio, Tic Tac Toe, Warner Kern.

Local Stores:

- B & B: Westminster, appointment only 303-466-2211
- Pat & Kevin Whitley: Arvada, appointment only 303-423-6755, prefers groups
- Motions: <http://motionsdance.com/>, 303-777-7274, 2060 S. University Blvd, Denver
- Disguises: <http://disguisescostumes.com/RetailPages>, 303-462-0401, 9797 W. Colfax, Denver
- Penny-Robin: <http://www.penny-robin.com/>, 303-795-1873, 2600 W. Main St., Littleton



Other companies that sell a variety of dance products might be less expensive than buying from the manufacture. The manufacture’s sites are listed so that you can get a full view of the lines. There are lots of others, some fairly inexpensive but we have not had any experience with them.

- Capezio: <http://www.capeziodance.com/>
- Coast: <http://www.coastdanceshoes.com/>
- Dance Universe - <http://www.danceuniverse.co.kr/> : good discounts & reasonable shipping
- Dance Vision: <http://www.dancevision.com/>, 800-851-2813
- Freed: <http://www.freedusa.com/home.html>
 - Glide: <http://www.glideshoes.com/>, 866-692-6885
 - Showtime: <http://www.showtimedanceshoes.com/>, 800-433-5541
 - Supadance: <http://www.supadance.com/>
 - Tic Tac Toes: <http://www.toe2toe.com/search/index.htm>, 877-348-4362
 - Various companies: <http://www.outdancing.com/Ballroom/>, it also gives fitting tips.

